



# Vidya Prasarak Mandal, Mulund (E)

## R Z Shah College of Arts, Science and Commerce

Established in 2003 - Affiliated to University of Mumbai

Mithagar Road, Mulund East, Mumbai - 81 | [www.vpmrzshahcollege.edu.in](http://www.vpmrzshahcollege.edu.in)  
Accredited by NAAC Grade "A"

### First Aid and Safety Report

VPM's R Z SHAH COLLEGE OF ARTS, SCIENCE & COMMERCE  
MITHAGHAR ROAD, MULUND EAST, MUMBAI - 400081  
Accredited by NAAC with grade 'A'

Women Development Cell Organizes workshop  
on  
"First Aid and Safety"  
**Be a Real Lifesaver**



Date: 8th October 2022  
Time: 11am - 12.30pm  
Venue: Auditorium

Resource person: Mr. Jagdish Rajane  
Asst. Prof. VPM's R Z Shah College

Mrs. Anita Lopez  
Convener, WDC

Dr. Kavita Sharma  
J/C Principal

#### Women Development Cell Organizes

#### Workshop on "First Aid and Safety"

For students at V.P. M's R Z Shah College on 8<sup>th</sup> October 2022.

Resource Person: Asst.Prof.. Jagdish Rajane

(Physics, Department)

First aid is the immediate care of an injured or suddenly sick person. It is the care a person applies as soon as possible after an accident or sudden illness. This prompt care and attention prior to the arrival of the ambulance can sometimes mean the difference between life and death or between a full or partial recovery.

#### Objectives of this workshop:

- To contribute towards increasing the awareness of Basic First Aid and safety
- To provide basic trainings to the students in times of first aid need such as:
  - to give immediate care.
  - to protect the casualty from further harm.
  - to relieve pain.
  - to promote recovery.





There was a huge crowd of participants in the Workshop. The First Aid Training went on with practical demonstrations on Types of First AID issues, Cases which require First AID, Methods that are involved in First AID and Importance of First Aid.

At V.P.M we believe in protecting life and health and to ensure respect for the human being. It promotes mutual understanding, friendship, cooperation, and lasting peace amongst all peoples.



*Anita Lopez*

Mrs. Anita Lopez  
Convener, WDC Committee



*Kavita Sharma*

Dr. Kavita Sharma  
I/c, Principal